Medical Center Café

Week of Monday January 14

Watch for Mindful Menu Selections

Sit Back. Relax. Enjoy. This is for You. To take a Break from your busy day and thoroughly enjoy a delicious, satisfying meal. Whether it's fall-inspired dishes such as apple quinoa pancakes and a maple-glazed pork loin or winter favorites such as cranberry turkey ciabatta and beef stroganoff, we want you to enjoy our version of traditional comfort foods during the coming seasons.

Hours

Monday - Friday: 6:30am to 7:00pm
Saturday: 6:30am to 2:00pm
Sunday: 6:30am to 2:00pm

Managers

General Manager: Scott Balko Ext2109
Executive Chef: James Coppla Ext2161
Retail Manager: Becky Morris Ext2271

VG Vegan
V Vegetarian
Mindful

Monday

Soup:	Chicken Noodle Soup (Mindful)
	Chicken & Andouille Gumbo
Entree:	General Tso's Chicken
	Braised Pot Roast
Grill:	Grill Turkey and Spinach Sandwich
Action Station:	Fajita Bar Action Station

Tuesday

Soup:	Tuscan Minestrone Soup (Mindful) VG
	Cream of Potato Soup with Bacon
Entree:	Southern Fried Chicken no sides
	Blackened Pork Loin and Verde Salsa
Grill:	Grill Turkey and Spinach Sandwich
Action Station:	Broccoli Chicken Pesto Pasta

Wednesday

Soup:	Chicken Enchilada Soup
	Classic Italian Wedding Soup
Entree:	Seared Orange Salmon with Pecan Sauce
	Meat Lasagna
Grill:	Grill Turkey and Spinach Sandwich
Action Station:	Kung Pao Pork

Thursday

Soup:	Chicken, Potato and Roasted Corn Chowder
	Tomato Basil Bisque
Entree:	Piri Piri Chicken
	Chicken Fried Steak with Cream Gravy
Grill:	Crispy Buffalo Chicken & Cheese Sandwich
Action Station:	Asian Chicken Salad

Friday

Soup:	Beef Vegetable Soup
	Cream of Broccoli Soup
Entree:	Chipotle Cod Crostini & Spicy Coleslaw
	Grilled Pork Tenderloin
Grill:	Crispy Buffalo Chicken & Cheese Sandwich
Action Station:	Lemon Shrimp, Squash & Lentil Pasta

Saturday

Soup:	Homestyle Chicken Noodle Soup
Entree:	Southern Fried Chicken
	Sauteed Carrots & Onions V
	Roasted Potatoes VG

Sunday

Entree:	Spaghetti & Meat Sauce
	Broccoli Spears VG
	Breadsticks V